

2009 Wisconsin Student Survey

The following questions will ask you about the foods that you eat and how you think about foods. **This is not a test**; there are no wrong answers. Please just answer whatever is true for you. **Do not write your name on this survey.** No one will ever know your answers unless you tell them.

The survey will take you about 15 minutes to complete.

☐ **Pre-Survey**-Fresh Fruit and Vegetable Program

☐ **Post-Survey**-Fresh Fruit and Vegetable Program

School _____

Grade _____

Classroom number (provided by teacher) _____

1. Yesterday, did you eat any vegetables? (Choose one.)

Vegetables are salads; boiled, baked and mashed potatoes; and all cooked and uncooked vegetables. Do not count French fries or chips.

- a. No, I didn't eat any vegetables yesterday
- b. Yes, I ate vegetables 1 time yesterday
- c. Yes, I ate vegetables 2 times yesterday
- d. Yes, I ate vegetables 3 or more times yesterday



2. Yesterday, did you eat fruit? (Choose one.)

Do not count fruit juice.

- a. No, I didn't eat any fruit yesterday
- b. Yes, I ate fruit 1 time yesterday
- c. Yes, I ate fruit 2 times yesterday
- d. Yes, I ate fruit 3 or more times yesterday



3. Yesterday, did you drink 100% fruit juice? (Choose one.)

Fruit juice is 100% juice such as orange, apple, or grape juice. Do not count fruit punch, Sunny Delight, Kool-Aid, sports drinks, or other fruit-flavored drinks.

- a. No, I didn't drink any fruit juice yesterday
- b. Yes, I drank fruit juice 1 time yesterday
- c. Yes, I drank fruit juice 2 times yesterday
- d. Yes, I drank fruit juice 3 or more times yesterday



4. Yesterday, did you eat sweet rolls, candy, doughnuts, cookies, brownies, pies, or cake? (Choose one.)

- a. No, I didn't eat any of the foods listed above yesterday
- b. Yes, I ate these foods 1 time yesterday
- c. Yes, I ate these foods 2 times yesterday
- d. Yes, I ate these foods 3 or more times yesterday



5. Which of the following foods will provide you with a serving of a fruit or vegetable? (Select all that apply.)

- a. Lettuce salad
- b. Fruit-flavored Jello
- c. Piece of Carrot Cake
- d. Fruit Snacks

6. About how many times per day should you eat fruits and vegetables? (Choose one.)

- a. 1-2 times
- b. 2-4 times
- c. 5 or more times
- d. I don't know

7. The amount of fruits and vegetables you should eat each day is based on: (Select all that apply.)

- a. Your age
- b. Whether you are a boy or a girl
- c. How much time you spend being active/playing

8. The foods that I eat for meals and snacks are healthy. (Choose one.)

- a. Yes, all of the time
- b. Yes, sometimes
- c. No

9. Do you ever eat fruit for breakfast? (Choose one.)

Do not include fruit juice.

- a. Almost always or always
- b. Sometimes
- c. Almost never or never



10. Do you ever eat fruit for lunch? (Choose one.)

Do not include fruit juice.

- a. Almost always or always
- b. Sometimes
- c. Almost never or never

11. Do you ever drink 100% fruit juice for breakfast? (Choose one.)

Fruit juice is 100% juice such as orange, apple, or grape juice.

Do not count fruit punch, Sunny Delight, Kool-Aid, sports drinks, or other fruit-flavored drinks.

- a. Almost always or always
- b. Sometimes
- c. Almost never or never



12. Do you ever drink 100% fruit juice for lunch? (Choose one.)

- a. Almost always or always
- b. Sometimes
- c. Almost never or never

13. Do you ever eat vegetables for dinner? (Choose one.)

- a. Almost always or always
- b. Sometimes
- c. Almost never or never



14. How likely are you to eat fresh fruit instead of candy? (Choose one.)

- a. Not likely
- b. Likely
- c. Very Likely

15. Have you ever eaten a mango?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



16. Have you ever eaten an orange?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



17. Have you ever eaten a clementine?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



18. Have you ever eaten watermelon?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



19. Have you ever eaten a pear?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



20. Have you ever eaten a kiwi?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



21. Have you ever eaten a strawberry?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



22. Have you ever eaten pineapple?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



23. Have you ever eaten a blueberry?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



24. Have you ever eaten cantaloupe?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



25. Have you ever eaten a grape?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



26. Have you ever eaten a cranberry?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- f) No, but I might try it
- g) No, and I would not try it



27. Have you ever eaten asparagus?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



28. Have you ever eaten celery?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



29. Have you ever eaten broccoli?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



30. Have you ever eaten cauliflower?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



31. Have you ever eaten a cucumber?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



32. Have you ever eaten a green pepper?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



33. Have you ever eaten a sweet potato?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



34. Have you ever eaten peas?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



35. Have you ever eaten spinach?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



36. Have you ever eaten jicama?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



37. Have you ever eaten green beans?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



38. Have you ever eaten kohlrabi?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



39. Have you ever eaten avocado?

- a) Yes, and I liked it
- b) Yes, but I didn't like it
- c) No, but I would try it
- d) No, but I might try it
- e) No, and I would not try it



Thank you for taking the time to complete this survey!